

CALM THROUGH CREATIVITY

**Art Therapy for
Election Stress Relief**



**COME AND
EXPRESS YOUR
CREATIVITY**

**Join us for a relaxing art therapy session to help unwind,
process, and find calm during the election season.**

**HUB
238**

**WED.
11/6**

**2:00 TO
2:50 PM**

Presented by the Counseling Center and the HUB